



Pull, Pull, Pull

Handout A38



Other safe items my baby can use for practicing pulling:

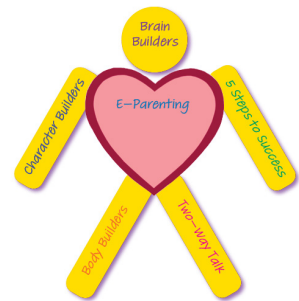
- _____
- _____
- _____

Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my infant:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Put your baby on the floor and place them on their back. Gather the sock you made, and if you're able, get on their level, as you put the tail end of the sock a few inches away from their hands. Then support your infant as they explore the sock by describing to them what they're seeing and touching.
3. As they play with the sock, point out their efforts and what they're learning. For instance, you may say something like: **You're grabbing the sock. You're trying so hard to pull it closer.**
4. Remember, your baby may do this activity multiple times before they master the skill of pulling the sock toward them.